

Essential Oils Handbook

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Essential oils are more widely used in modern products than one might expect usually extracted through distillation, they are used to fragrance bathing products, incense, perfumes and cosmetics, as well as in some types of household cleaner. In terms of alternative medicine, essential oils are most frequently used today in aromatherapy. Some essential oils are well known for their efficiency in treating minor ailments. There are huge numbers of useful plant extracts which can be used or aromatherapy. Essential oils can have physical and mental benefits. When essential oils make contact with the skin, they go deep beneath the pores and into the cell tissues where it is thought that they improve circulation and immunity. Other suggested benefits include relief from pain including headaches; antibacterial and antiseptic properties for treatment of minor cuts and wounds; relief from anxiety and depression and improving overall emotional state of a person. About 98% of the essential oils produced worldwide are produced for the cosmetic/perfume or food flavouring industries. In these industries, the therapeutic effect of the oil is not a consideration; and so, the oils are produced in a manner is that is totally unsuited for oils to be uses in aromatherapy. The total share in world export of essential oils and perfumery material it is only 0.4% thus, future hold great promise for India in the fast charging global economy as for as production and trade of natural raw material is concerned.

Some of the fundamentals of the book are development of essential oil crops in India, oil of lavender, oil of lavadin, oil of rosemary, kuromoji oil, laurel leaf oil, sassafras oil Brazilian, nutmeg oil and mace oil (myristica oil), oil of michelia fallay, oil of lysimachia foenum, oil of chlorophyll carotene paste needles and twigs, flavonoids of liquidambar, turpentine oil, essential oil in the kitchen, essential oil in therapeutics, analysis of essential oils, annatto oil, oil of piper bettle, senecio quinquelobus, milletia ovalifolia, oil of vitis vinifera, dill seed and herb, oil siyah zeera (carum bulbocastanum), oil of eugenia jambolana, rosha oil, Indian petitgrain oils, Indian mandarin oils, extraction of citrus oil, etc.

With the development of science and technology, essential oils are becoming popular due to its uses in the manufacturing of different products. This versatile book takes recourse to most pragmatic formulae on diversified essential oils. Overall the book contains formulae, processes which are immensely innovative and profoundly utilitarian for new entrepreneurs as well as motivate the existing units in quality improvement and cost reduction.

1. Development of Essential Oil Crops in India
2. Wormwood Oil
3. Estragon Oil
4. Chamomile Oil

5. Costus Oil
6. Peppermint Oil
7. Pennyroyal Oil
8. Perilla Oil
9. Spearmint Oil
10. Oil of Lavender
11. Oil of Lavandin
12. Oil of Rosemary
13. Marjoram Oil
14. Thyme Oil
15. Sage Oil
16. Clary Sage Oil
17. Basil Oil
18. Origanum Oil
19. Patchouli Oil
20. Vervain Oil
21. Jasmine Absolute
22. Oil of Spike Lavender
(spike Oil)
23. Oil of Cantueso
24. Savory Oil
25. Oil of Alhucemon
26. Caraway Oil
27. Parsley Oil
28. Fennel Oil
29. Dill Oil
30. Cumin Oil
31. Celery Oil
32. Angelica Oil
33. Coriander Oil
34. Ajowan Oil
35. Anise Oil
36. Oil of Star Anise
37. Clove Oil
38. Bay Oil
39. Eucalyptus Oil
40. Pimenta Oil
41. Cascarilla Oil
42. Lemon Oil
43. Orange Oil
44. Lime Oil
45. Petitgrain Oil
46. Bergamot Oil
47. Mandarin Oil
48. Neroli Oil
49. Geranium Oil
50. Rose Oil
51. Cinnamon Oil
52. Ho Oil
53. Kuromoji Oil
54. Laurel leaf Oil
55. Sassafras Oil Brazilian
56. Nutmeg Oil and Mace Oil (Myristica Oil)

57. Cananga Oil
58. Sandalwood Oil
59. Hops Oil
60. Pepper Oil
61. Cubeb Oil
62. Calanga Oil
63. Ginger Oil
64. Cardamon Oil
65. Calamus Oil
66. Citronella Oil
67. Lemongrass Oil
68. Vetiver Oil
69. Juniper Berries Oil
70. Cedar Oil
71. Oil of Rue
72. Oil of Cajeput
73. Oil of ABIES Squamata Mast
74. Oil of Mangolia Biondii
75. Oil of Michelia Fallay
76. Oil of Lysimachia Foenum
77. Oil of Chlorophyll-Carotene Paste Needles and Twigs
78. Flavonoids of Liquidambar
79. Oil of Thymus Mongolicus
80. Oil of Citrus Reticulata
81. Oil of Valeriana Officinalis
82. Oil of Vitex Negundo
83. Oil of Citrus Junos
84. Oil of wood Turpentine
85. Oil of Pinus Sylvestries (cone)
86. Oil of Paulownia Flowers
87. Oil of Lauraceae
88. Oil of Cinnamomum Rigidissimum
89. Oil of Pro-Vitamin Massoniana (Needle)
90. Oil of Abies Chensiensis
91. Annatto Oil
92. Oil of Piper Bettle
93. Senecio Quinquelobus
94. Milletia Ovalifolia
95. Oil of Vitis Vinifera
96. Dill Seed and Herb
97. Oil Siyah Zeera (Carum bulbocastanum)
98. Oil of Eugenia Jambolana
99. Rosha Oil
100. Indian Petitgrain Oils
101. Indian Mandarin Oils
102. Extraction of Citrus Oil
103. Oil of Anethum Graveolens
104. Oil of Rosmarinus Officinalis
105. Oil of Juniperus Chinensis L. Var. Pfitzeriana
106. Oil of Abies Alba
107. Turpentine Oil
108. Essential Oil in the Kitchen
109. Essential Oil in Therapeutics

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