## **Herbs Cultivation & Medicinal Uses (2nd Edition)**

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Code: NI32 Pages: 634

Price: Rs.975US\$ 100

**Publisher: NIIR PROJECT CONSULTANCY** 

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Usually ships within 5 days

India is one of the leading Herbs producer and exporter in the world. Several meticulous researches were conducted and experimented with herbs. They arrived at more precise conclusions about the usefulness of diverse plants and herbs that are utilized in different fields like medicine. Ayurveda is the time honoured therapeutic form, prevailing in India since 2000 B.C. The Ayurveda healing is completely based on herbs, which have definite medicinal importance or significance. In the primeval times, the Indian sagacious held the view that Ayurveda herbs are the only resolution to treat numeral health related problems and diseases. Several meticulous researches were conducted and experimented with herbs to arrive at more precise conclusions about the usefulness of diverse plants and herbs that have medicinal value. Herbal products are replacing the synthetics products because of its harsh nature. Herbal products are in huge demand in the developed world for health care for the reason that they are efficient, safe and have lesser side effects. Growing herbs is easy to do, and people continue to turn their love for gardening into successful businesses growing and selling fresh cut herbs, herb plants, and other herb related products. Understanding the worth and heritage of excellence of Ayurveda in India the book makes an attempt to provide information on cultivation and medicinal use of herbs.

The book contains the Cultivation of different herbs with photograph of a variety of herbal plants. The book also includes the habitat constituents, action and use in Ayurveda, sidda and Unani medicines. The book contains information on more than 100 herbs. The book contains chapters on cultivation of some of the very important herbs like: Pyrethrum Cultivation, Periwinkle Cultivation and Belladonna Cultivation and many more. The book also has the abbreviations for languages section at the end.

There are many who have a genuine interest in understanding the medicinal benefits of herb. The book also has a section on some common home remedied that could be tried at home for quick relief of certain problems. The book can also be a good option for those looking for a guide to understand basics for starting cultivation of different herbs and taking it as a business opportunity. It is a ready manual and information database for traders, new entrepreneurs, manufacturers, project consultant and libraries etc.

- 1 Pyrethrum Cultivation
- 2 Periwinkle Cultivation
- 3 Bellodonna Cultivation
- 4 Duboisia Cultivation
- 5 Ergot Cultivation
- 6 Artemisia Annua Cultivation

- 7 Sapogenin Bearing species of yams and their cultivation
- 8 Abelmoschus Esculentus
- 9 Amroma Augusta
- 10 Abrus Precatorius
- 11 Abutilon Indicum
- 12 Acacia Arabica
- 13 Acacia Catechu
- 14 Achyranthes Aspera
- 15 Aconitum Ferox.
- 16 Aconitum Heterophyllum
- 17 Aconitum Napellus
- 18 Aegle Marmelo
- 19 Agati Grandiflora
- 20 Allium Cepa
- 21 Allium Sativum
- 22 AlocasiA Indica
- 23 Aloe Indica
- 24 Alpina Galanga
- 25 Anacardium Occidentale
- 26 Ananas Sativus
- 27 Andropogon Muricatus
- 28 Annona Squamosa
- 29 Anthemis Nobilis
- 30 Areca Catechu
- 31 Argemone Mexicana
- 32 Aristolochia Indica
- 33 Asclepias Asthmatica.
- 34 Asparagus Adscendens
- 35 Balsamodendron Mukul
- 36 Balsamodendron Myrrha
- 37 Bambusa Arundinacea
- 38 Bassis Longifolia
- 39 Berberis Vulgaris
- 40 Beta Vulgaris
- 41 Bombax Malabaricum
- 42 Boswellia Glabra
- 43 Brassica Campestris
- 44 Brassica Juncea
- 45 Brassica Nigra
- 46 Brassica Oleracea.
- 47 Caesalpinia Bondus
- 48 Calophyllium Inophyllum
- 49 Calotropis Gigantea
- 50 Camellia Theifera
- 51 Camphora Officinarum
- 52 Cannabis Sativa
- 53 Canscora Decussata
- 54 Capsicum Annuum
- 55 Careya Arborea
- 56 Carica Papaya
- 57 Cephalandra Indica.

- 58 Cinchona Cortex
- 59 Action of Cinchona Alkaloids
- 60 Cinnamomum Cassia
- 61 Cinnamomum Iners
- 62 Citrullus Colocynthis
- 63 Citrullus Vulgaris
- 64 Citrus Aurantium
- 65 Citrus Bergamia
- 66 Croton Tiglium
- 67 Cubeba Officinalis
- 68 Cucumis Sativus
- 69 Cuminum Cyminum
- 70 Curculigo Orchioides
- 71 Curcuma Longa
- 72 Cyperus Pertenuis
- 73 Cyperus Rotundus
- 74 Datura Alba
- 75 Daucus Carota
- 76 Euphorbia Neriifolia.
- 77 Euphorbia Pilurifera.
- 78 Feaula Assafoetida
- 79 Ficus Bengalensis
- 80 Ficus Carica
- 81 Ficus Glomerata
- 82 Ficus Religiosa
- 83 Foeniculum Vulgare
- 84 Garcinia Pictoria
- 85 Garcinia Purpurea
- 86 Helleborus Niger
- 87 Hemidesmus Indicus
- 88 Herpestis Monniera
- 89 Ipomoea Digitata
- 90 Ipomoea Turpethum
- 91 Jasminum Grandiflorum
- 92 Lepidium Sativum
- 93 LinUM Usitatissimum
- 94 Luffa Echinata
- 95 Mallotus Phillippinensis
- 96 Mangifera Indica
- 97 Melia Azadirachta
- 98 Mentha Arvensis
- 99 Metha Piperita
- 100 Mentha Sylvestris
- 101 Michelia Champaca
- 102 Mimosa Pudica
- 103 MiMusops Elengi
- 104 Momordica Charantia
- 105 Moringa Oleifera
- 106 Mucuna Pruriens
- 107 Musa Sapientum
- 108 Myristica Fragrans
- 109 Myrtus Caryophyllus
- 110 Nardostachys Jatamansi

- 111 Nelumbium Speciosum
- 112 Nerium Odorum
- 113 Nicotiana Tabacum
- 114 Nyctanthes Arbor-Tristis
- 115 Nymphaea Lotus
- 116 Ocimum Basilicum
- 117 Ocimum Sanctum
- 118 Opuntia Dillenii
- 119 Orchis Mascula
- 120 Oxalis Corniculata
- 121 Paederia Foetida
- 122 Pandanus Odoratissimus
- 123 Papaver Somniferum
- 124 Pedalium Murex
- 125 Peganum Harmala
- 126 Peucedanum Graveolens
- 127 Phaseolus Mungo
- 128 Phaseolus Roxburghii
- 129 Picrorrhiza Kurrooa
- 130 Pimpinella Anisum
- 131 Piper Betle
- 132 Piper Longum
- 133 Piper Nigrum
- 134 Pistacia Lentiscus
- 135 Plantago Ispagula
- 136 Pongamia Glambra
- 137 Portulaca Oleracea
- 138 Prunus Amygdalus
- 139 Psidium Guyava
- 140 Psoralea Corylifolia
- 141 Ptychotis Ajowan
- 142 Punica Granatum
- 143 Pyrus Malus
- 144 Quercus Infectoria
- 145 Randia Dumetorum
- 146 Raphanus Sativus
- 147 Rauwolfia Serpentina
- 148 Rheum Emodi
- 149 Rhus Succedanea
- 150 Ricinus Communis
- 151 Rosa Damascena
- 152 Rubia Cordifolia
- 153 Ruta Graveolens
- 154 Saccharum Officinarum
- 155 Salix Caprea
- 156 Salvadora Persica
- 157 Salvia Officinalis.
- 158 Santalum Album
- 159 Sapindus Trifoliatus
- 160 Saraca Indica
- 161 Saussurea Lappa
- 162 Semecarpus Anacardium
- 163 Shorea Robusta

- 164 Sida Cordifolia
- 165 Smilax China
- 166 Solanum Jacquinii
- 167 Solanum Melongena
- 168 Solanum Nigrum
- 169 Solanum Tuberosum
- 170 Solanum Xanthocarpum.
- 171 Sphaeranthus Hirtus
- 172 Strychnos Colubrina
- 173 Strychnos Nux-Vomica
- 174 Strychnos Potatorum
- 175 Styrax Benzion
- 176 Swertia Chirata
- 177 Symplocos Racemosa
- 178 Tamarindus Indica
- 179 Tamarix Gallica
- 180 Terminalia Arjuna
- 181 Terminalia Belerica
- 182 Terminalia Chebula.
- 183 Theobroma Cacao
- 184 Thevetia Neriifolia

ABBREVIATIONS FOR LANGUAGES ETC.

## **About NIIR**

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Fri, 09 May 2025 06:27:41 +0000