

# Handbook on Medicinal Herbs with Uses

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Medicinal herbs are the local heritage with global importance. World is endowed with a rich wealth of medicinal herbs. The Variety and sheet number of plants with therapeutic properties is quite astonishing. Medicinal herbs have curative properties due to presence of various complex chemical substance of different composition, which are found as secondary plant metabolites in one or more parts of these plants. These plant metabolites, according to their composition, are grouped as alkaloids, glycosides, corticosteroids, essential oils etc. During the past decade, a dramatic increase in exports of medicinal herbs attests to worldwide interest in these products as well as in traditional health systems. The pharmaceutical industries have made massive investment on pharmacological, clinical and chemical researches all over the world in past five decades. Efforts have been made to discover still more potent plant drugs. The benefits of these efforts would reach to the masses in future in farmers initiate commercial cultivation of medicinal herbs. In fact, agricultural studies on medicinal herbs, by its very nature, demand an equally large investment and higher priority. India, in particular, has a big scope for the development of pharmaceutical and physiochemical industry. The medical plants for health are used as herbal treatments and therapies that can be new habits for culture. Medicinal plants constitute a large segment of the flora, which provide raw materials for use by various industries. They have been used in the country for a long time for their medicinal properties. These plants are staging a comeback and herbal renaissance is happening all over the globe. The herbal medicines today symbolise safety in contrast to the synthetics that are regarded as unsafe to human and environment. This book illustrates the cultivation, utilization of *Abelmoschus Moschatus*, *Abroma Augusta*, *Abrus Precatorius*, *Abutilon Indicum*, *Acacia Arabica*, *Acacia Catechu*, *Acacia Farnesiana*, *Acanthus Illicifolius*, *Achillea Millefolium*, *Achyranthes Aspera*, *Aconitum Napellus*, *Aconitum Heterophyllum*, *Acorus Calamus*, *Adansonia Degitata*, *Adina Cordifolia*, *Adhatoda Vasika*, *Adonis Vernalis*, *Aegle Marmels*, *Aerua Lanata*, *Aesculus Hippocastanum*, *Aethusa Cynapium* etc.

The book contains systematic account of the most important plants used in medicines. Each chapter covers botanical description, parts used, Ayurvedic properties, clinical uses, constituents with the figure of the plant. This book will be very useful for those working on medicinal plants, natural products, entrepreneurs, libraries, consultant, research scholars etc.

## Contents

1. *Abelmoschus Moschatus*
2. *Abroma Augusta*
3. *Abrus Precatorius*
4. *Abutilon Indicum*
5. *Acacia Arabica*

6. Acacia Catechu
7. Acacia Farnesiana
8. Acanthus Illicifolius
9. Achillea Millefolium
10. Achyranthes Aspera
11. Aconitum Napellus
12. Aconitum Heterophyllum
13. Acorus Calamus
14. Adansonia Degitata
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16. Adhatoda Vasika
17. Adonis Vernalis
18. Aegle Marmelos
19. Aerua Lanata
20. Aesculus Hippocastanum
21. Aethusa Cynapium
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64. Artemisia Vulgaris
65. Arum Maculatum
66. Asarum Europaeum
67. Asparagus Officinalis
68. Asparagus Racemosus

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