

# Compendium of Medicinal Plants

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**Format:** paperback

**Code:** NI121

**Pages:** 444

**Price:** Rs.875US\$ 100

**Publisher:** NIIR PROJECT CONSULTANCY SERVICES

Usually ships within 5 days

Medicinal plants are not only a major resource base for the traditional medicine & herbal industry but also provide livelihood and health security to a large segment of Indian population. Medicinal plants are resources of new drugs. Medicinal plants are important for human health. These plants have been used from the prehistoric times to present day. These plants based medicines are consumed in all civilizations. It is believed that the herbal medicine can give good effect to body without causing side effects to human's life. Besides, the usage of medical plants has been increasing as an important role that can support the economic system. The medical plants for health are used as herbal treatments and therapies that can be new habits for culture. Medicinal plants constitute a large segment of the flora, which provide raw materials for use by various industries. They have been used in the country for a long time for their medicinal properties. These plants are staging a comeback and herbal renaissance is happening all over the globe. The herbal medicines today symbolise safety in contrast to the synthetics that are regarded as unsafe to human and environment. Although herbs had been priced for their medicinal, flavouring and aromatic qualities for centuries, the synthetic products of the modern age surpassed their importance, for a while. However, the blind dependence on synthetics is over and people are returning to the naturals with hope of safety and security. The decision to cultivate medicinal herbs should only be made in response to demand for particular herbs. The market is very competitive and could easily be oversupplied.

Some fundamentals of the book are bryonopsis laciniosa, cajanus indicus, spreng. and c.bichlorandc.flavus, cassia auriculata, linn.cassia angustifolia vahl, dalbergia sissoo, delonix elata, dolichandrone falcata, seem., drosera pellata, eclipta alba hassk, elettaria cardamomum maton, emblica officinalis, embelia ribes burm, enicostema littorale, blume., erythrina indica, grewia tiliaefolia, vahl., gymnema sylvestre, R.BR., or asclepias geminata, haematoxylon campechianum, hedychium spicatum ham. Ex. Smith, hedera helix helicteres isora , linn., helianthus annuus, linn.91., hellebores niger, linn.92, hepatica nobilis 93., herniaria , inula helenium 107., ipomoea digitata ipomoea turpethum 109. Iris germanica 110. jatropha gossypifolia, juglans regia, kaempferia galanga etc.

The book contains systematic account of the most important plants used in medicines. Each chapter covers botanical description, parts used, Ayurvedic properties, clinical uses, constituents with the figure of the plant. This book will be very useful for those working on medicinal plants, natural products, entrepreneurs, libraries, consultant, research scholars etc.

1. Agaricus Albus
2. Ailanthus Excelsa

3. *Alstonia Scholaris* R. BR.
4. *Amaranthus Spinosus*
5. *Annona Squamosa*, Linn.
6. *Apluda Mutica*
7. *Aristolochia Bracteata*, Retz.
8. *Asparagus Adscendens*
9. *Baliospermum Montanum*
10. *Bambusa Arudinaceae* Wild
11. *Barleria Prionitis*, Linn.
12. *Bauhinia Recemosa*
13. *Biophytum Sensitivum* or *Sensilium*, LD.
14. *Blumea Bal Samifera* Dc. And *B. Densiflora*.
15. *Boerhaaria Chinensis*
16. *Bryophyllum Calycinum*
17. *Bryonopsis Laciniosa*
18. *Cajanus Indicus*, Spreng. and *C. Bichlor* and *C. Flavus*.
19. *Cassia Auriculata*, Linn.
20. *Cassia Angustifolia* Vahl
21. *Cayratia Carnosa*
22. *Centella Asiatica* (Linn.)Urban
23. *Cichorum Endivia* Linn
24. *Cinnamomum Tamala* Nees & Eberm.
25. *Cissus Quadrangularis* Linn.
26. *Clerodendron Phlomoides*, Linn.
27. *Cocculus Hirsutus*
28. *Coccinia Indica*
29. *Coffea Arabica*. Linn.
30. *Coleus Aromaticus*, Benth, or *C. Ambeinicus* or *C. Carnosus*.
31. *Convolvulus Microphyllus*
32. *Commelina Bengalensis*
33. *Corchorus Capsularis*, Linn & *C. Trilocularis*.
34. *Corchorus Fascicularis*, Lam.
35. *Cordia Dichotoma*
36. *Cressa Cretica*
37. *Cucumis Trigonus*, Roxb. And *C. Pseudo-Colocynthis*; Var., *Pubescens*.
38. *Cucurbita Maxima*, Duchesne.
39. *Cymopsis Tetragonoloba*. Taub.
40. *Cynodon Dactylon* Pers
41. *Cymbopogon Maritini*
42. *Dalbergia Sissoo*
43. *Delonix Elata*
44. *Dolichandrone Falcata*, Seem.
45. *Drosera Pellata*
46. *Eclipta Alba* Hassk
47. *Elettaria Cardamomum* Maton
48. *Emblica Officinalis*
49. *Embelia Ribes* Burm
50. *Enicostema Littorale*, Blume.
51. *Erythrina indica*
52. *Eugenia aromatica* Kuntze
53. *Euphorbia pulurifera*
54. *Ficus bengalensis* Linn.
55. *Ficus Cunia*, Ham.

56. *Ficus Hispida*, Linn. & F. Daemona
57. *Ficus Racemosa* Linn.
58. *Ficus Religiosa* Linn.
59. *Ficus Tsiela*, Roxb
60. *Fagopyrum tataricum*
61. *Feronia ellephantum*, Corea, or *Anisiphalins Rumphi* or *crataeva Vallanga*.
62. *Assaofoetida* Or Giant Fennel *Ferula Persica*
63. *Filipendula Ulmaria* (Syn. *Spiraea Ulmaria*)
64. *Foeniculum Vulgare*, Gaertn, or *Anethum Foeniculum*.
65. *Fraxinus Excelsior* Oleaceae
66. *Freagaria Vesca* Rosaceae
67. *Fumaria Officinalis*, Linn. Or *F. Parviflora*.
68. *Galega Officinalis* Leguminosae/Fabaceae
69. *Galeopsis Segetum* Labiate/Lamiaceae
70. *Galium Verum* Rubiaceae
71. *Galium Odoratum*
72. *Gardenia Turgida*, Roxb.
73. *Garuga Pinnata*, Roxb.
74. *Gentiana Lutea*
75. *Ganista Tinctoria*
76. *Geranium Robertianum*
77. *Geum Urbanum*
78. *Glechoma Hederacea*
79. *Gloriosa Superba*, Linn.
80. *A. Glycyrrhiza Glabra*, Linn. *G. Glandulifera*.
81. *Glycine Max*
82. *Gossypium Herbaceum*, Linn. See *Gossypium Indicum*
83. *Gratiola Officinalis*
84. *Grewia Tiliaefolia*, Vahl.
85. *Gymnema Sylvestre*, R. BR. Or *Asclepias Geminata*.
86. *Haematoxylon Campechianum*
87. *Hedychium Spicatum* Ham. Ex. Smith
88. *Hedera Helix*
89. *Helicteres Isora*, Linn.
90. *Helianthus Annuus*, Linn.
91. *Helleborus Niger*, Linn.
92. *Hepatica Nobilis*
93. *Herniaria Glabra*
94. *Hibiscus Cannabinus*, Linn.
95. *Hibiscus Esculentus*, Linn.
96. *Hibiscus Rosa-Sinensis* Linn.
97. *Hippophae Rhamnoides*
98. *Eleusine Coracana*, Gaertn. Or *E. Indica*
99. *Holoptelea Integrifolia*, Planch.
100. *Holarrhena Antidysenterica* Wall
101. *Humulus Lupulus* Cannabaceae
102. *Hygrophila Spinosa*, T. Anders
103. *Hyssopus Officianalis*, Linn.
104. *Hypericum Perforatum*
105. *Hyoscyamus Niger*
106. *Inula Helenium*
107. *Ipomoea Digitata*
108. *Ipomoea Turpethum*

109. Iris Germanica
110. Jatropha Gossypifolia
111. Juglans Regia
112. Kaempferia Galanga
113. Laburnum Anagyroides
114. Lactuca Scariola
115. Lagenaria Vulgaris
116. Lagertoemia Parir Floss
117. Lamium Album
118. Laurus Camphor
119. Laurus Nobilis
120. Laurus Sassafras
121. Lavandula Angustifolia
122. Leonurus Cardiaca
123. Leontodon Taraxacum
124. Leptadenia Reticulata
125. Levisticum officinale
126. Linaria vulgaris
127. Lycopus Europaeus
128. Lysimachia nummularia
129. Malva Sylvestris Mauritanica
130. Malva sylvestris
131. Marrubium Vulgare
132. Melissa Officinalis
133. Melilotus Officinalis
134. Mentha aquatica
135. Mentha Arvensis
136. Mentha — Pipertia
137. Penny-Royal
138. Menyanthes Trifoliata
139. Mimosa Pudica
140. Morinda Concanensis
141. Mucuna Pruriens
142. Nelumbo Nucifera Gaertn
143. Nepeta Cataria
144. Ocimum Sanctum
145. Hemlock Water-Parsnep
146. Ononis Spinosa
147. Operculina Turpethum
148. European Ornus of Manna-Tree
149. Orthosiphon Stamineus
150. Origanum Vulgare
151. Origanum Marjorana
152. Common Wood Sorrel
153. Melia Azadirachta
154. Ischoemum Philosum Hack
155. Jatropha Curcas
156. Juniperus Communis
157. Lawsonia Indermis
158. Linum Usitatissimum
159. Luffa Acutangula
160. Lycopersicum Esculentum
161. Mallotus Philippinensis

162. Mangifera Indica
163. Momordica Charantia
164. Wild Or Spirting Cucumber
165. Musa Spientum
166. Nasturtium Officinale
167. Negella Sativa
168. Ocimum Basilicum
169. Ocimum Gratissimum
170. Madhuca Indica
171. Mentha Viridis
172. Martynia Annua
173. European Olive

## About NIIR

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