The Complete Book on Ginger Cultivation and Manufacture of Value Added Ginger Products (Ginger Storage, Ginger Oil, Ginger Powder, Ginger Paste, Ginger Beer, Instant Ginger Powder Drink and Dry Ginger from Green Ginger)

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Ginger is the common name for Zingiber officinale, which was originally cultivated in China and now equally spread around the world. Ginger is a herb but is often known as a spice, with a strong distinct flavor that can increase the production of saliva. The part that is used as spice on the plant itself is the rhizomes or ginger root. This ginger root is traditionally used with sweet foods in Western cuisine being included in popular recipes such as ginger ale, gingerbread, ginger biscuits and ginger cake. It is also used in many countries as a medicinal ingredient which many believe in. Historically, ginger has a long tradition of being very effective in alleviating symptoms of gastrointestinal distress. In herbal medicine, ginger is regarded as an excellent carminative and intestinal spasmolytic. Modern scientific research has revealed that ginger possesses numerous therapeutic properties including antioxidant effects, an ability to inhibit the formation of inflammatory compounds, and direct anti-inflammatory effects.

India is the leading producer of ginger oil and dominates the ginger oil market with almost half shares out of total market. China is also known for ginger production and trade of ginger oil. Asia Pacific mainly exports ginger oil to North America and European markets.

Increasing number of health conscious consumers, and their demands for natural oils and extracts based products is the major factor driving growth for essential oils and in turn ginger oil market. Ginger is majorly used in spices and thus ginger oils and oleoresins are preferred to prepared dried spices as flavoring in food industry, because they are more stable, contamination free, cleaner and can be easily standardized by blending. Thus the growth of food industry and spices demand are another factors driving growth of ginger oil market. The growth of natural personal care products industry is another growth driver for ginger oil market.

The major content of the book are Ginger Cultivation, Farm and Forestry Production for Ginger, Diseases & Pest Management in Ginger, Medicinal Values of Ginger, Active Ingredients of Ginger, Pharmacological Activity of Ginger, Ginger Storage, Ginger Processing, Ginger Oleoresin, Ginger Oil, Ginger Beer, Ginger Powder, Ginger Paste, Instant Ginger Powder Drink, Ginger Candy, Dry Ginger from Green Ginger, Extraction of Ginger Oleoresin from Ginger-Root Using Co2,Production of Ginger Rhizome by Shoot-Tip Culture, Extraction of Essential Oils from Ginger Rhizome Using Steam Distillation Method, Packaging and Labelling BIS Specifications, Good Manufacturing Practices, Sample Plant Layouts, Photoraphs of Machinery with Suppliers Contact Details.

This book will be a mile stone for its readers who are new to this sector, will also find useful for professionals, entrepreneurs, those studying and researching in this important area.

1. INTRODUCTION History and Origin of Ginger Processing of Ginger Peeling Drying Storage **Bleached Ginger** Transplanting Technology for Reduction of Seed Cost Technology Manuring Irrigation Inter Cultivation Inter Cropping and Crop Rotation Uses of Ginger Best Ways to Use Ginger **Bioactive Components of Ginger** Metabolism of Ginger Properties Applications of Ginger Ginger Health Benefits 1. Stroke and Heart Disease 2. Indigestion and Nausea 3. Malabsorption 4. Compromised Immunity and Respiratory Function 5. Bacterial Infections **Healing Properties** Cosmetic Uses of Ginger Nutritional Value of Ginger Nutrient Profile for Ginger 2. GINGER CULTIVATION **Climate and Soil** Soil for Ginger Farming Varieties **Planting Season** Preparation of Land Manures and Fertilisers Mulching **Crop Nutrition** Nitrogen Potassium Phosphorus Calcium Earthing up **Growth Regulators**

Harvesting and Curing Production Technology Seed Size Seed Rate Seed Treatment Planting Spacing Depth of Planting **Crop Rotation** Storage of Seed Rhizomes Alternate Method of Ginger Production 3. FARM AND FORESTRY PRODUCTION FOR GINGER **Uses and Products Botanical Description Brief Botanical Description** Distribution **Environmental Preferences and Tolerances** Climate Soils Growth and Development Agroforestry and Environmental Services Propagation and Planting Cultivation **Special Horticultural Techniques** Advantages and Disadvantages of Growing in **Polvcultures** Pests and Diseases Susceptibility to Pests/Pathogens Preventing and Treating Problem Pests and Diseases Disadvantages of this Crop Potential for Invasiveness **Commercial Production** Postharvest Handling and Processing 4. DISEASES & PEST MANAGEMENT IN GINGER Diseases 1. Soft Rot or Paheli: Pythium Aphanidrematum Management 2. Dry Rot: Fusarium and Pratylenchus Complex Management 3. Leaf Spot/Blight: Phyllostricta Zingiberi Management 4. Bacteri al Wilt or Prem Rog: Ral stoni a Solanacearum Integrated Pest and Disease Management for Ginger 5. MEDICINAL VALUES OF GINGER Active Compounds in Ginger Anti-Inflammatory & Anti-Oxidant Nausea Digestion Cholesterol

Cancer Anti-Bacterial Migraines **Drug Interactions** Malabsorption **Bacterial Diarrhea** Anticarcinogenic Activities of Ginger Therapeutic Health Benefits of Ginger Ginger as Growth Promoter Osteoarthritis Use of Ginger as a Traditional Medicine Role of Ginger and Its Constituents in Prevention and Treatment of Gastrointestinal Cancer **Gastric Cancer Pancreatic Cancer** Liver Cancer **Colorectal Cancer** Cholangiocarcinoma Clinical Studies of Ginger against GI Cancer Ayurveda Health Benefits of Ginger Trikatu for Weak Digestion Dry Ginger is Hot and Warms the Lungs and **Dries Cold Phlegm** Fresh Ginger Warms the Stomach and Promotes **Digestion and Absorption** Fresh Ginger to Disperse Cold, and to Treat Colds and Coughs Ginger Root Contraindicated in Pitta Elevation Ginger Root in Ayurvedic Churnas 6. ACTIVE INGREDIENTS OF GINGER Introduction **Chemical Structure of Active Constituents** Mechanism of Action of Ginger in Diseases Management 7. PHARMACOLOGICAL ACTIVITY OF GINGER Introduction Pharmacology **Antiemetic Effects** Anti-Inflammatory Effects Antioxidant Effects Cardiovascular Effects Gastrointestinal Effects Antitussive Effects Immunomodulatory Effects Lipid Effects Weight Loss Effects Antiarthritic Effect Antimicrobial Activities Radio Protective Activity Antigenotoxic Activity **Mutagenicity** 8. GINGER STORAGE Types of Ginger

Composition of Ginger **Ginger Storage Process Controlled Temperature and Humidity Storage** 9. GINGER PROCESSING Introduction Forms of Ginger **Processing Dried Ginger** Making Dried Ginger **Quality Assurance of Dried Ginger** Grading Grinding Packaging Storage **Ginger Oil Distillation** Advantages of Ginger Dehydration 1. Enhance Ginger's Value 2. More Cost-Effective 3. Wide Application Hot-Air Circulation Drying Technology **Process Flow Sheet 10. GINGER OLEORESIN** Uses 11. GINGER OIL Introduction Solubility Chemical Composition **Uses and Application** Packing and Marking Manufacturing Process Preparation of Raw Material Cleaning Milling Soaking Loading or Charging **Bleaching of Ginger** Practice of Distillation Steam Distillation End of Distillation Treatment of the Volatile Oil Treatment of the Distillation Water Manufacturing Process Flow Diagram **Rectification of Essential Oils** Problems Relating to Steam Distillation Environment Pollution and Effluent Treatment **12. GINGER BEER Ginger Beer** Root Beer Ancient Root Beer Heritage **Best Ginger Beers 13. GINGER POWDER** Introduction Properties Uses of Ginger Powder

Manufacturing Process of Ginger Powder **Process Flow Sheet** 14. GINGER PASTE **Properties of Ginger Paste Uses of Ginger Paste Chemical & Physical Specification of Ginger** Manufacturing Process Process Flow Diagram **15. INSTANT GINGER POWDER DRINK** Introduction Etymology Chemistry Uses **Culinary Use** Ginger Acts as a Useful Food Preservative **Regional Use Properties** 1. Citric Acid 2. Measurement 3. Sodium Benzoate Manufacturing Process 16. GINGER CANDY 201 Ginger Candy Flow Chart of Technology/Process **17. DRY GINGER FROM GREEN GINGER** Introduction History **Uses and Application** Composition of Dry Ginger Manufacturing Process Process of Manufacture Ginger not Divested of Cork **Ginger Clivested of Cork** Grinding **Progress Flow Sheet 18. EXTRACTION OF GINGER OLEORESIN** FROM GINGER-ROOT USING CO2 **Environmental Significance Equipment Descriptions Necessary Information and Simulation Hints 19. PRODUCTION OF GINGER RHIZOME BY** SHOOT-TIP CULTURE Introduction Field Study Effect of Tissue Cultured Rhizomes of Ginger 20. EXTRACTION OF ESSENTIAL OILS FROM GINGER RHIZOME USING STEAM **DISTILLATION METHOD** Overview of Ginger **Physical Properties of Ginger** Usage of Ginger Usual Methods of Obtaining Ginger Essential Oil Steam Distillation

Problem Statement Separation Processes (i) Absorption (ii) Distillation (iii) Liquid-Liquid Extraction (iv) Leaching (v) Membrane Processing (vi) Crystallization (vii) Adsorption (viii) Ion Exchange Purification Concentration Fractionation Extraction Distillation 21. PACKAGING AND LABELLING Functions of Packaging 22. BIS SPECIFICATIONS 23. GOOD MANUFACTURING PRACTICES 1. Storage of Raw Materials 2. Tempering/Thawing of Frozen Materials 3. Processing Post-Processing Handling i) Facility Design ii) Sanitation iii) Employees Material Handling 4. Storage of Finished Product 5. Loading and Shipping Management of Hygiene Aspects **Environmental Monitoring Temperature Monitoring Design and Facilities** i) Principles and Concepts of GMP ii) Establishment: Design and Facilities Location Equipment Premises and Rooms Equipment – Design Equipment Facilities **Control of Operations** i) Control of Food Hazards ii) Key Aspects of Hygiene Control Systems iii) Incoming Raw Material Requirements iv) Packaging v) Water vi) Management and Supervision vii) Documentation and Records viii) Recall Procedures Establishment: Maintenance and Sanitation i) Maintenance and Cleaning ii) Cleaning Procedures and Methods

iii) Pest Control Systems iv) Waste Management v) Monitoring Effectiveness vi) Establishment : Personal Hygiene vii) Transportation viii) Product I nf ormati on and Consumer Awareness ix) Training 24. SAMPLE PLANT LAYOUTS Agro Processing Workflow 25. PHOTOGRAPHS OF MACHINERY WITH SUPPLIERS CONTACT DETAILS **Ginger Paste Making Machine Ginger Slicer Machine** Ginger Washing and Peeling Machine **Paste Filling Machine** Steam Jacketted Vesssel **Ribbon Blendor** Pulverizer **Bucket Elevator Powder Dryer Machine** Boiler **Oil Storage Tank** Pneumatic Conveying System Material Handling Conveyors Air Compressor R.O. Plant **Distillation Units** Fruit Pulper Liquid Filling Machine Drum Type Blancher Fruit Mill Spray Machine Weighing Machine Packaging Machine **Ginger Oil Extraction Machine Ginger Slicer Pollution Control Equipment** Reverse Osmosis System Pump Hammer Mill Redler Conveyors **Oil Filter Machine Blending Tanks Sealing Machine Carton Packaging Machine Pouch Packaging Machine**

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