

# Handbook on Herbal Medicines

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India is said to be having advantage of well-recorded and well practiced knowledge of traditional herbal medicine. Herbal medicine products are dietary supplements that people take to improve their health. Many herbs have been used for a long time for claimed health benefits. Herbal medicines are the combination of curative experiences of generations of practises of physicians of aboriginal systems of medicine from time immemorial. Herbal medicines are as well in huge demand in the developed world for health care for the reason that they are efficient, safe and have lesser side effects. They offer cure for various diseases which do not have any modern medicine likes memory loss, osteoporosis, immune disorders, etc. Their use in the developed world has also increased. The herbal medicines today symbolize safety in contrast to the synthetics that are regarded as unsafe to human and environment. In the primeval times, the Indian sagacious held the view that herbal medicines are the only resolution to treat numeral health related problems and diseases. Although herbs had been prized for their medicinal, flavouring and aromatic qualities for centuries, the synthetic products of the modern age surpassed their importance, for a while. However, the blind dependence on synthetics is over and people are returning to the naturals with hope of safety and security.

This means there is immense potentiality in the market considering the fact the present book aims to provide you comprehensive knowledge. The book contains Formulae of different Herbal Medicines used in all kind of diseases. The chapters of the book are: Use of herbal medicines for masses, commonly available plants tested for lowering blood sugar, cure of goitre by Ayurvedic herbal medicines, clinical study of chalcopyrite tables in the management of common symptoms of acid dyspepsia holistic management of bronchial asthma, drugs for skin allergy, role of Ayurveda in veterinary science, manufacturers index, botanical name of drugs, research abstracts, Ayurveda on the web databases , drugs and their equivalents along with a directory section.

Research scholars, professional students, scientists, new entrepreneurs, and present manufacturers will find valuable educational material and wider knowledge of herbal medicine in this book. Comprehensive in scope, the book provides solutions that are directly applicable to the detailed information of herbal medicine.

## Contents

### 1. Use of Herbal Medicines for Masses

Nature's Law of Cure

Herbal Medicines for the Masses

Conclusion

### 2. Research of Ayurvedic medicines

The limitations of the Ayurvedic System Need for clinical trials

Herbal research at NIMHANS: the treatment of anxiety  
Herbal research at NIMHANS: the treatment of cognitive deficits  
Future research

3. Study with a Herbal Drug-"Pippalli Rasayana" Preparation of drug

4. Commonly available Plants Tested for Lowering Blood Sugar

5. Cure of Goitre by Ayurvedic Herbal Medicines

History of disease

Cause

Symptoms

6. Use of Bryonia Laciniosa to get Male Child

Pathology

Preventive measures

Ayurvedic treatment

7. Histochemical Study in Rat Liver under the

Influence of Cannabis

Material and Methods

Drug preparation

Effect of the Drug

8. Vajikarana Yoga in the Management of Male Sexual Dysfunctions

9. Clinical Study of Calciprite Tablets (Panchamruta Gutti) in the Management of Common Symptoms of Acid Dyspepsia Amlapitta)

10. A Report on the Effect of Sookshma Triphala on Anjananamika

11. Clinical Study of Bhunimbadi Ghanasar Tablets (BNK) in the treatment of seven common Symptoms of Amlapitta (Acid Dyspeptic Disease)

12. Hepatitis-B Through Ayurvedic Medicines

Introduction

Materials & Methods

Notes from history

Signs & symptoms

Medication

Pathya

Discussion & Conclusion

13. Holistic Management of Bronchial Asthma

Introduction

Materials and Methods

B. Vardhamana pipplai Rasayana yoga

Management

Conclusion

14. Chronic Pancreatitis with Multiple Pancreatic Ductal Calculi by Common Ayurvedic Preparation

Summary

Introduction  
Clinical Profile of the Patient  
Materials & Method  
Drug selected for the study  
Treatment Schedule  
Diet  
Observation and Results  
Chronology of clinical observations  
Discussion and Comment

15. Efficacy of Romasanjanana Lepa in 'Indralupta'  
(Alopecia)

Introduction  
Clinical study of the drug  
Romasanjanana Lepa  
Materials and Methods  
General Observation  
Observation and Result  
Discussion

16. Anantavata-Trigeminal Neuralgia

Introduction  
Clinical features  
Clinical profile  
Treatment adopted  
Shamanoushadhi  
Apathya  
Discussion  
Conclusion

17. Rasa Preparations

Groups of Medicines in Rasa-Ratna-Samucchaya  
Maharasa  
Uparasa  
Sadharan rasa  
Ratna-Uparatna  
Dhatu  
Kandavisha (Poisonous herbs)  
Upavisha (Poisonous herbs)  
Fascial Paralysis (Due to Polio)  
Drugs for Polio

18. Impotency

Uttaravasti an ultimate treatment for ED  
and unorgasm  
1. Gastro Intestinal Tract  
Antacid  
Anti Diarrhoeal  
Anthelmintics  
Anti emetics  
Appetite Stimulant  
Colorectal Preparations  
Enzymes and Carminatives

Gastric Disorders  
Hepato Biliary Preparations  
Laxatives

## 2. Cardio Vascular System

Anti Anginal Drugs  
Anti-hypertensive  
Anti-Coagulants and Haemostatics  
Cardiac Disorders

## 3. Central Nervous System

Analgesics  
Antipyretic  
Memory Boosters  
Anti Convulsants  
C.N.S. Stimulants  
Sedatives & Tranquilisers

## 4. Musculo skeletal system

Antiinflammatory  
Topical Analgesics  
Musculo Skeletal Drugs  
Neuro muscular Drugs

## 5. Genito Urinary System

Urinary Anti-infectives  
Diuretics  
Uterine Anti-Infective  
Menstrual Cycle Related Disorders  
Uterine Sedative  
Sexual Stimulants  
Benign Prostate Hypertrophy

## 6. Respiratory System

Anti Asthmatics  
Expectorants, Mucolytics & Decongestants  
Respiratory Tract Infections

## 7. Skin

Drugs for Skin Allergy  
Anti Allergic  
Drugs for Psoriasis  
Anti Fungal  
Drugs for Acne Vulgaris  
Pigmentation Disorders  
Topical Soothing Agents  
Miscellaneous Preparations

## 8. Nutrition

Haematinics and Haematipoietics  
Tonics  
Immunomodulators  
Anti Obesity Drugs

## 9. Care

Antenatal

Postnatal

## 10. Infection & Infestation

Anti Malarial and Anti Filarial

Anti-Viral Anti-Infective

## 11. Endocrinology

Oral Hypoglycaemics

Fertility Agents

Goitre

## 12. Miscellaneous Diseases

Dental

Eye

E.N.T. & Oropharynx

Hair & Scalp

Paediatric Preparations

Makkala Abhyanjana

## 19. Role of Ayurveda in Veterinary Science

Hymn to the plants Rig Veda, 1500 B.C.

## 20. Ayurvedic Medicine in Veterinary

Alimentary System

Respiratory System

Reproductive System

Drugs Acting on Uterus & Ovaries

Drugs Acting on Spermato Genesis

Urinary System

Nutrition & Metabolism

Galactogogues

Musculo Sclerital Disorders

Topically used Products & Miscellaneous Products

Cardio Vascular System

Manufacturers Index

## 21. Botanical Name of Drugs

## 22. Research Abstracts

## 23. Ayurveda on the WEB

## 24. Databases

## 25. Drugs (Dravyas) and their Equivalents

## Directory Section

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