

# Compendium of Herbal Plants

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## About the Book

India is one of the leading Herbs producer and exporter in the world. Several meticulous researches were conducted and experimented with herbs. They arrived at more precise conclusions about the usefulness of diverse plants and herbs that are utilized in different fields like medicine, cosmetics, perfumes and so on. Herbal plants have been used for medicinal applications from earliest time, when man began caring for his body and health. The Ayurveda healing is completely based on herbs, which have definite medicinal importance or significance. In the primeval times, the Indian sagacious held the view that ayurveda herbs are the only resolution to treat numeral health related problems and diseases. Herbal products are replacing the synthetics products because of its harsh nature. Producing herbs for the medicinal market has received a lot of interest from potential commercial growers, but it is still a new and uncertain market. Herbal products are in huge demand in the developed world for health care for the reason that they are efficient, safe and have lesser side effects. The emphasis of development of new biologically active molecule has been gradually replaced by use of total herbs as medicine and food supplements. There are numerous types of herbal plants; some of them are paeonia officinalis, panicum pilosum, papaver bracteatum, papaver rhoeas, papaver somniferum, petasites hybridus, petroselinum crispum, peucedanum ostruthium, phaseolus trilobus, phaseolus vulgaris etc. Growing herbs is easy to do, and people continue to turn their love for gardening into successful businesses growing and selling fresh cut herbs, herb plants, and other herb related products.

The major contents of the book are pulmonaria officinalis, punica granatum, pyrus sinensis, quercus petraea, quercus robur, ranunculus ficaria, raphanus sativus, rhamnus catharticus, rhamnus frangula, rheum palmatum, rhododendron arboreum, sm., rhus toxicodendron, ricinus communis, ribes nigrum, robinia pseudoacacia, rosmarinus officinalis, rosa centifolia, rubia tinctorum, rubus fruticosus etc.

Ayurved, Siddha, Unani and Homoeopathy are largely based on the plants. Now herbal based products have very good present and future prospects in International market. The present book enlightens hundreds of herbal plants with their photographs, which has good medicinal values. This is very useful book for agriculture universities, researchers, cultivators, ayurvedic pharmacies etc.

## Contents

- 1 PAEONIA OFFICINALIS
- 2 PANICUM PILOSUM
- 3 PAPAVER BRACTEATUM
- 4 PAPAVER RHOEAS
- 5 PAPAVER SOMNIFERUM
- 6 PETASITES HYBRIDUS
- 7 PETROSELINUM CRISPUM
- 8 PEUCEDANUM OSTRUTHIUM



- 9 PHASEOLUS TRILOBUS
- 10 PHASEOLUS VULGARIS
- 11 PHYLLANTHUS EMBLICA
- 12 PHYLLANTHUS NIRURI
- 13 PHYSALIS ALKEKENGI
- 14 PIMPINELLA ANISUM
- 15 PINUS ABIES
- 16 PINUS SYLVESTRIS
- 17 PISTACIA LENTISCUS
- 18 PISTACIA TEREBINTHUS
- 19 PIMPINELLA SAXIFRAGA
- 20 PIPER LONGUM
- 21 PIPER NIGRUM
- 22 PLANTAGO LANCEOLATA
- 23 PLANTAGO OVATA
- 24 PONGAMIA PINNATA
- 25 POLYALTHIA LONGIFOLIA
- 26 POLYCARPEA CORYMBOSA
- 27 POLYGALA AMARA
- 28 POLYGONUM AVICULARE
- 29 POLYGONUM BISTORTA
- 30 POLYGONUM HYDROPIPER
- 31 POLYGONUM LAPATHIFOLIUM
- 32 POLYGONATUM ODORATUM
- 33 POLYPODIUM VULGARE
- 34 POPULUS NIGRA
- 35 POPULUS TREMULA
- 36 PORTULACA OLERACEA
- 37 POTENTILLA ANSERINA
- 38 PRIMULA VERIS
- 39 PROSOPIS SPICIGERA
- 40 PRUNUS CERASUS
- 41 PRUNUS DULCIS
- 42 PRUNUS PADUS
- 43 PRUNUS SPINOSA
- 44 PRUNELLA VULGARIS
- 45 PSIDIUM GUYAVA
- 46 PSORALEA CORYLIFOLIA
- 47 PTEROCARPUS MARSUPIUM
- 48 PTEROCARPUS SANTALINUS
- 49 PUERARIA TUBEROSA
- 50 PULMONARIA OFFICINALIS
- 51 PUNICA GRANATUM
- 52 PYRUS SINENSIS
- 53 QUERCUS PETRAEA
- 54 QUERCUS ROBUR
- 55 RANUNCULUS FICARIA
- 56 RAPHANUS SATIVUS
- 57 RHAMNUS CATHARTICUS
- 58 RHAMNUS FRANGULA
- 59 RHEUM PALMANUM

- 60 RHODODENDRON ARBOREUM, SM.
- 61 RHUS TOXICODENDRON
- 62 RICINUS COMMUNIS
- 63 RIBES NIGRUM
- 64 ROBINIA PSEUDOACACIA
- 65 ROSMARINUS OFFICINALIS
- 66 ROSA CENTIFOLIA
- 67 RUBIA TINCTORUM
- 68 RUBUS FRUTICOSUS
- 69 RUBUS IDAEUS
- 70 RUTA GRAVEOLENS
- 71 RUNGLA REPENS
- 72 RUMEX ACETOSA
- 73 ROSA CANINA
- 74 SALIX ALBA
- 75 SALIX TETRASPERMA
- 76 SALMALIA MALABARICA
- 77 SALVIA OFFICINALIS
- 78 SALVIA SCLAREA
- 79 SAMBUCUS EBLUS
- 80 SAMBCUS NIGRA
- 81 SAMBUCUS RACEMOSA
- 82 SANGUISORBA OFFICINALIS
- 83 SANICULA EUROPAEA
- 84 SANTALUM ALBUM
- 85 SAPONARIA OFFICINALIS
- 86 SARACA INDICA
- 87 SATUREJA HORTENSIS
- 88 SAXIFRAGA ROTNDIFOLIA
- 89 SCHLICHERA TRIJUGA
- 90 SCROPHULARIA NODOSA
- 91 SEMECARPUS ANACARDIM
- 92 SEDUM ACRE
- 93 SIMPERVIVUM TECTORUM
- 94 SESAMUM INDICUM
- 95 SHOREA ROBUSTA
- 96 SIDA CORDIFOLIA
- 97 SILYBUM MARIANUM
- 98 SINAPIS ALBA
- 99 SINAPIS NIGRA
- 100 SIM ANGUSTIFOLIUM
- 101 SIUM LATIFOLIUM
- 102 SMILAX CHINENSIS
- 103 SMILAX SARSAPATILLA
- 104 SOLANUM DULCAMARA
- 105 SOLANUM INDICUM
- 106 SOLANUM VERBASCIFOLIUM
- 107 SOLANUM XANTHOCARPUM
- 108 SOLIDAGO VIRGAUREA
- 109 SOPHORA JAPONICA
- 110 SORBUS AUCUPARIA

111 SORGHUM VULGARE  
112 STACHYS OFFICINALIS  
113 STEREOSPERMUM SUAVOLENS  
114 STRYCHNOS NUXVOMICA  
115 SYMPHYTUM OFFICINALE  
116 SYZYGIUM CUMINI  
117 TAMARINDUS INDICA  
118 TARAXACUM OFFICINALE  
119 TAXUS BACCTA  
120 TECTONA GRANDIS  
121 TEPHROSIA PURPUREA  
122 TEPHROSIA VILLOSA  
123 TERMINALIA ARJUNA  
124 TERMINALIA BELERICA  
125 TEUCRIUM CHAMAEDRYS  
126 TERMINALIA CHEBULA  
127 THYMUS SERPYLLUM  
128 THYMUS VULGARIS  
129 TILIA CORDATA  
130 TILIA PLATYPHYLLOS  
131 TINOSPORA CORDIFOLIA  
132 TRIBULUS TERRESTRIS  
133 TRICHODESMA INDICUM  
134 TRICHOSANTHES PALMATA  
135 TRIDAX PROCUMBENS  
136 TRIFOLIUM PRATENSE  
137 TRIFOLIUM REPENS  
138 TRIGONELIA FOENUM-GRAECUM  
139 TRIUMFETTA RHOMBOIDED  
140 TROPAEOLUM MAJUS  
141 TUSSILAGO FARFARA  
142 TYLOPHORA INDICA  
143 ULMUS MINOR  
144 URARIA PICTA  
145 URGINEA INDICA  
146 URTICA DIOICA  
147 VACCINIUM MYRTILLUS  
148 VACCINIUM VITIS-IDAEA  
149 VALERIANA OFFICINALIS  
150 VALERIANA WALLICHII  
151 VANDA CAERULEA  
152 VANDA ROXBURGHII  
153 VERATRUM ALBUM  
154 VERBASCUM DENSIFLORUM  
155 VERBASCUM PHLOMOIDES  
156 VERBENA OFFICINALIS  
157 VERONICA OFFICINALIS  
158 VICOA INDICA  
159 VIGNA TRILOBATA  
160 VIOLA ODORATA  
161 VOILA TRICOLOR

162 VINCA MINOR  
163 VINCETOXICUM HIRUNDINARIA  
164 VISCUM ALBUM  
165 VITEX NEGUNDO  
166 WEDELIC CALENDULACEADE  
167 WOODFORDIA FRUTICOSA  
168 XANTHIUM STRUMARIUM  
169 ZEA MAYS  
170 ZINGIBER OFFICINALE  
171 ZIZYPHUS OENOPLIA

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