The Complete Book on Spices & Condiments (with Cultivation, Processing & Uses) 2nd Revised Edition

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SERVICES

Usually ships within 5 days

The term spices and condiments applies to such natural plant or vegetable products and mixtures thereof, used in whole or ground form, mainly for imparting flavor, aroma and piquancy to foods and also for seasoning of foods beverages like soups. Usually spices are an ingredient used to season a dish in the meal during its preparation and condiments are for using at the table to enhance the dish as each individual's tastes prefer. The great mystery and beauty of spices is their use, blending and ability to change and enhance the character of food. Spices and condiments have a special significance in various ways in human life because of its specific flavours, taste, and aroma. Spices and condiments play an important role in the national economies of several spice producing, importing and exporting countries. India is one of the major spice producing and exporting countries. Most of the spices and herbs have active principles in them and development of these through pharmacological and preclinical and clinical screening would mean expansion of considerable opportunities for successful commercialization of the product. Spices can be used to create these health promoting products. The active components in the spices phthalides, polyacetylenes, phenolic acids, flavanoids, coumarines, triterpenoids, serols and monoterpenes are powerful tools for promoting physical and emotional wellness.

Some of the fundamentals of the book are definition of spices and condiments nomenclature or classification of spices and condiments, Indian central spices and cashew nut committee, origin, properties and uses of spices, forms, functions and applications of spices, trends in the world of spices, yield and nutrient uptake by some spice crops grown in sodic soil, tissue culture and in vitro conservation of spices, in vitro responses of piper species on activated charcoal supplemented media, soil agro climatic planning for sustainable spices production, potentials of biotechnology in the improvement of spice crops, medicinal applications of spices and herbs, medicinal properties and uses of seed spices, effect of soil solarization on chillies, spice oil and oleoresin from fresh/dry spices etc.

The present book contains cultivation, processing and uses of various spices and condiments, along with photographs of machinery/equipments with addresses of their manufacturers. The book is an invaluable resource for new entrepreneurs, agriculturists, agriculture universities and technocrats.

1. DEFINITION OF SPICES AND CONDIMENTS Nomenclature or Classification of Spices and Condiments Brief History of Spices First International Search for Indian Spices

Role of the ICAR in Spice Development in India

Spices Enquiry Committee

Indian Central Spices and Cashewnut Committee

Review of Researches on Cashewnut and 14 Spices

Setting-Up of the Central Plantation Crops Research Institute (CPCRI), Kasaragod

All-India Co-Ordinated Spices and Cashewnut Improvement Project (AICSCIP), Segregated to -

All-India Co-Ordinated Improvement Project for Spices (AICIPS)

Main Attainments of the Project (AICSCIP)

Segregation of AICSCIP into 2 Projects on Cashew and Spices

National Research Centre for Spices (NRCS, ICAR 1986)

The Indian Institute of Spices Research (1995), Calicut

Krishi Vigyan Kendra

Other Organizations Involved in Spices Development.

Division of Plant Introduction (IARI) and National Bureau of Plant Genetic Resources

Role of Department of Agriculture and Co-Operation, Ministry of Agriculture, Government of India

Directorate of Arecanut and Spices Development

Spices Development Council, Department of Agriculture and Co-operation

Agmark Laboratories and Directorate of Marketing and Inspection (DMI)

Role of the Cftri and other CSIR National Laboratories in the Technological Spice Development Programmes

Spices Export Promotion Council, Cochin

Cardamom Board

Functions of the Cardamom Board

Spices Board, Govt of India

Spices Cess Act

Indian Cardamom Research Institute

International Spices Decelopment Activities

International Pepper Community (IPC), Jakarta, Indonesia

International Working Group on Spices (IWGS)

Development of International ISO Standards for Spices and Condiments and their Processed

Products as well as their Methods of Test (ISO: TC 34/SC 7)

World Trade Organization (WTO)

Recommended Action Plans

Importance of Individual Spice Requirements

Trends in Individual World Markets

Forms of Spices and Spice Products Traded

Concluding Remarks: The Challenges for the Indian Spice Industry

Productivity Challenge

Quality Challenge

Value-Addition Challenge

Equity Challenge

2. ORGIN, PROPERTIES AND USES OF SPICES

Ajowan

Ajowan Contains Calcium and Iron

Allspice

Anise/Aniseed

Annatto

Asafoetida/Asafetida

Basil

Bay/Laurel Leaf

Other • Bay Leaves

Indian Bay Leaf

West Indian Bay Leal

Indonesian Bay Leaf

Boldo Leaves

Caper

Caraway

Cardamom/Cardamon

Celery

Chervil

Chile Peppers

Chives

Cinnamon

Cloves

Coriander

Cumin and Black Cumin

Dill and Dillweed

Epazote

Fagara/Szechwan Pepper

Fennel Seed

Fenugreek

Galangal/Galangale/Galingale

Garlic

Ginger

Juniper

Kaffir Lime (Leaf, Fruit)

Kari Leaf

Lemon Balm

Lemon Verbena

Lemongrass

Lovage

Mace

Marjoram

Mints: Spearmint and Peppermint

Mustard

Myrtle

Nigella

Nutmeg

Onion

Oregano

Paprika

Parsley

Peppers: Black, White, Green, Long/Pippali, CUBEB

Poppy Seed

Rosemary

Saffron

Sage

Sassafras

Savory

Screw-Pine Leaf/Pandanus Leaf

Sesame

Sorrel

Star Anise

Sumac

Tamarind Tarragon Thyme

Turmeric/Tumeric

Wasabi

Zeodary

3. FORMS, FUNCTIONS AND APPLICATIONS

OF SPICES

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Spice Forms and Composition

Fresh whole Spices

Dried Spices

Spice Extractives

Essential (Volatile) Oils

Oleoresins (Non-Volatiles and Volatiles)

Other Extractives

The Functions of Spices

Primary function of Spices

Flavor, Aroma and Texture

Coloring Properties

Secondary Functions of Spices

Spices as Preservatives

Emerging Secondary Function of Spices

Spices as Medicines

Spice Preparation

Global Equipment used in Spice Preparation

Spice Applications

Marinades, rubs and Glazes

Spice Blends, Seasonings and Condiments

Spice Quality and Specifications

International Standards and Specifications

Maintaining Spice Quality

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Controlled Atmosphere Storage

Sterilization

4. TRENDS IN THE WORLD OF SPICES

Trends in foods and spices

Understanding and Effectively Meting the Growing Demand for Authenticity

Authentic Ethnic Ingredients

Spices and Flavorings of Popular Authentic Ethinc Cuisines

Authentic Ethnic Flavorings

Authentic Preparation and Cooking Techniques

Presentation Styles

Fusion and Regional American Flavorings

Fusion Flavors

Regional American Flavors

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Materials and methods

Results

Effect of Fertilizer

Nutrient Concentration and Uptake

Amelioration of Sodic Soil

6. TISSUE CULTURE AND IN VITRO CONSERVATION OF SPICES

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Cardamom

Clonal Multiplication

Regeneration of Plantlets from Callus

Inflorescence Culture

Black Pepper

Clonal Multiplication

Callus Cultures and Regeneration of Plantlets

Micropropagation of related species of Piper

Ginger

Clonal Multiplication

Regeneration of Plantlets from Callus

In Vitro Selection

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Micropropagation

Plant Regeneration from Callus

Vanilla

Micropropagation

Saffron

Micropropagation

Tree spices

Micropropagation

In Vitro Proliferation of Mace and Synthesis of Flavour Components in Culture

Seed and herbal spices

Production of secondary metabolites

Synseed technology

In vitro Conservation of Spices Germplasm

Protoplast Isolation and Culture

Genetic Transformation

Isolation of DNA and Studies on Biochemical/molecular Markers

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7. IN VITRO PROPAGATION OF BLACK PEPPER (PIPER NIGRUM L.)

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Materials and methods

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8. IN VITRO RESPONSES OF PIPER SPECIES ON ACTIVATED CHARCOAL

SUPPLEMENTED MEDIA

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Materials and methods

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Delineations of Agro Eco Region (AER) and Agro Eco Sub Regions (AESR)

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Bengal Basin-hot, Moist Subhumid Eco sub Region (Q8Cm7).

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In Vitro Germplasm Conservation

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Genetic Manipulation by Gene Technology

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Gene Transfer by Electroporation

Gene Transfer by Micro projectile Bombardment

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Propagation

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Roguing

Manuring

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Marketing

Preparation for Market

Grading

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Curing

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Garlic Oil as an Adhesive

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Crop Management

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Comparative Antimicrobial Activity of Seed Spice Essential Oils

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Description and Distribution

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Quality Standards

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Celery Root Use

B.Celeriac

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Botanical Description

Crop Management

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Seed Rate and Method of Sowing

Increasing Seed Germination

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IISR (ICAR) recomendations for crop management of coriander

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International Quality Specifications for Seed Spices

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Coriander Dal-an Improved CFTRI Process

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B. Acidulant Tree Spices

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Species of Cinnamomum Grown in India

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Air Layering in Cassia

II. Tejpat or Tamal Patra or Indian Cassia Lignea

Indian Names

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Harvesting and Collection of Tamala Leaves

Preparation for Marketing

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Leaf Oil

Bark Oil

III.Tezpat

Indian Names

Description and Distribution

Brief Description of Commercial Types and Classification or Grades of Cassia

China Cassia (Cassia Lignea)

Indonesia Cassia (Batavia Cassia, Java Cassia, Padang Cassia or Korintje Cassia, Cassia

Vera)

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Commercial Grades of Cassia in World Market

Physico-Chemical/Specification of Cassia Types

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Seed Treatment, Seed Rate and Sowing Methods

Raising Seedlings in the Nursery

Transplanting of Seedlings

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Manuring and Top-dressing with Fertilizers

Interculture Operations

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Package of Practices Recommended

Tissue Culture

Plant Protection

Phased Harvesting and Threshing

Yield

Post-Harvest Technology

Commercial Classification/Grading

Composition

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As Food Flavourant

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Residue (case) as Cattle Feed

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Crop Management

Climate and Soil

Preparation of Land

Manuring

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Seed Rate

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Production of Seed

Yield

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Grades and Specifications

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Effect of Roasting and Cooking on Nutritive Value

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Methi Leaves

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In Medicine

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In Cosmetics; Dye/Hair Tonic and Cure for Baldness!

Leaves as a Vegetable Curry

Fixed Oil: Uses

34. CINNAMON OR TRUE CINNAMON

Indian Names

Description and Distribution

World Trade in Cinnamon

World Outlook/Prospects

Crop Management

Soil and Climate

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Manuring and Intercultivation

Weeding

Pruning/Cropping

Crop Improvement

Variability Studies

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Preparation of Quills

Drying

Utilization of Leaves and Twigs

Yield

Economics of Cultivation

Govt Incentives for Cinnamon Production and Marketing

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Type Seychelles

Type Madagascar

Packaging of Different Commercial Classes of Cinnamon Bark and Powder

Packing of Cassia and Cinnamon and their Products

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Transport of Cinnamon

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Stem Bark Oil

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35. CLOVE

Indian Names

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Constraints in Large-scale Cultivation/Production of Cloves in India

Crop Management

Site for Clove Cultivation

Climate and Soil

Varieties

Propagation

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Support

Manuring

Interculture/Pruning, Thinning

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Soil-and -Moisture Conservation Works

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Economics of Cultivation

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Central and State Govt Incentives for Production and Marketing of Cloves

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Quality Standards

Packing of Cloves

Packaging of Clove Oil

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Clove-bud Oil

Clove-stem Oil

Clove-leaf Oil

Oil of Mother Cloves

Clove-root Oil

As Food Flavourant

In Medicine

In Perfumery and Cosmetics

Other Uses

36. JUNIPER

Indian Names

Description and Distribution

Crop Management

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Flowering and Fruiting

Harvesting of Berries

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Drying of Fruits (Berries)

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Juniper Berry Essential Oil (Volatile Oil)

Composition of Juniper Volatile Oil

Manufacturing Alcoholic Beverages

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Juniper Oil

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In Medicine

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Indian Names

Mace

Indian Names

Description and Distribution

Crop Management

Climate and Soil

Propagation by Nursery Technique

Transplanting of Seedlings in the Field

Mixed Cropping

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Interculture/Weeding

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Constraints in Nutmeg Cultivation

Crop Improvement

Sex Determination-Past, Present and Future

Harvesting and Curing

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Economics of Cultivation

Central and State Govt Incentives for Production and Marketing

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Packaging of Mace and Nutmeg

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Quality/Composition of Mace and Nutmeg

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Mace Products

Nutmeg Products

Variations in Aroma/Flavour of Nutmeg and Mace Accessions

Nutmeg

Mace

37. PIMENTO OR ALLSPICE OR PIMENTA

Indian Names

Description and Distribution

Description

Distribution

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Crop Management

Soil and Climate

Propagation

Transplanting of Seedlings

Weeding/After-Care

Aftercare: Fertilizer Schedule

Manuring

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The ISO Grades of Pimento (Whole and Ground)

Physical Requirements for Whole Pimento

Chemical Requirements of Whole Pimento

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Pimenta Berry Oil

Pimenta-leaf Oil

Pimenta Oleoresin and Oil

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Use in Medicine

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Pimenta Bark and Wood

A. Star-Anise

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Description and Distribution

Area and Production

Crop Management

Soil and Climate

Propagation

Raising Nursery and Transplanting

Weeding

After-care Mulching

Manuring and Fertilization

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Fruit Development

Harvesting of Fruits

Yield of Fruit

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Drying of Fruit

Processing Technology and Procucts

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Quality of Star-anise Oil

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Star-anise Oil

B. Japanese star-Anise

Description and Distribution

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38. BALM OR LEMON BALM

Indian Names

Description and Distribution

Crop Management

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Cultural Practices

Harvesting

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Post-Harvest Technology

Processing Technology

Manufacturing Essential Oil

Physico-chemical Properties of Oil

As Food Flavourant

In Medicine

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Description and Distribution

Major Types of Basil

American Basil

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Breeding

Propagation

Plant Protection

Harvesting

Yield

Post-Harvest Technology

Packaging and Storage

Composition

Processed Products

Distillation of Oil

As Food Flavourant

In Perfumery and Cosmetics

In Medicine

As Insecticide, Insect-Repellent and Bactericidal

Use of Basil Seeds

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Indian Names

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Cost of Cultivation

Cultivars and their Sensitivity to Winter Temperature

Plant Protection

Termites

Post-Harvest Technology

Packing and Storage

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Volatile Oil

Dehydrated Curry Leaves

As Food Flavourant

In Indigenous Medicine

In Perfume and Cosmetics

Fruits

Wood

Hyssop

Description and Distribution

Area, Production and Exports

Crop Management

Soil and Climate

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Post-Harvest Technology

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Distillation of Essential Oil

Yield of Essential Oil

Physico-chemical Properties of Volatile Oil

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Volatile Oil Uses

Marjoram

Indian Names

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Soil and Climate

Propagation

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As Food Flavourant

In Perfumery and Cosmetics

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40. PEPPERMINT

Indian Names

Description and Distribution

Crop Management

Processed Procuts

Volatile Oil

In Medicine/Pharmaceuticals

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Spearmint

Indian Names

Description and Distribution

Crop Management

Important Steps in its Successful Cultivation in India

Composition

Processed Procucts

Volatile Oil

Origanum

Indian Names

Description and Distribution

Crop Management

Soil and Climate

Propagation

Sowing

After-care

Harvesting

Post-Harvest Technology

Drying

Composition

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Volatile Oil

As Food Flavourant

In Medicine

Other Uses

Parsley

Indian Names

Description and Distribution

Area, Production and Trade

Crop Management

Climate and Soil

Direct Sowing/Sowing in Nursery Beds

Transplanting of Seedlings

Manuring/Fertilizers

Harvesting

Yield

Post-Harvest Technology

Composition

Processed Products

Dehydrated Parsley

Volatile Oil

Fatty Oil

As Food Flavourant

In Medicine

41. ROSEMARY

Indian Names

Description and Distribution

Crop Management

Climate and Soil

Propagation

Planting

Harvesting

Yield

Post-Harvest Technology

Drying and Packing

Composition

Processed Products

Volatile Oil

As Food Flavourant

In Perfumery and Cosmetics

In Medicine

Sage

Indian Name

Description and Distribution

Major Types of Sage in World Trade

Different Forms of Sage

Crop Management

Climate and Soil

Propagation

Planting

Harvesting

Yield

Post-Harvest Technology

Drying

Composition

Marketing/Trading

How to Handle and Store

Processed Products

Volatile Oil

As Food Flavourant

In Medicine

Use in Perfumery

As Anti-oxidant

Use of Residue

Uses of Seeds

Clary Sage (Salvia sclarea Linn.) or Garden Sage

Introduction

Savory

Indian Names

Description and Distribution

Area, Production and Exports

Crop Management

Soil and Climate

Propagation

Seed Rate, Method of Sowing and Weeding

Harvesting

Yield

Post-Harvest Technology

Processing Technology

Essential Oil of Savory

Composition of Dried Herb

Composition of Fresh Herb

Volatile Oil

Tarragou

Indian Names

Description and Distribution

Crop Management

Soil and Climate

Propagation

Planting Season

Harvesting

Post-Harvest Technology

Composition

Processing Technology

Essential Oil

Physico-chemical Properties of Oil

Precautions in the Storage of Oil

As Food Flavourant

In Medicine

In Perfumery

Thyme

Indian Names

Description and Distribution

Major Types of Thyme

Crop Management

Climate and Soil

Propagation

Post-Harvest Technology

Commercial Quality

Composition

Handling and Storage of Thyme

Processed Products

Thyme Extractives-Volatile Oil and Oleoresin

Thymol

As Food Flavourant

In Medicine

42. ASAFOETIDA OR ASAFETIDA

Indian Names

Description and Distribution

Types or Varieties of Asafoetida Imported into India

Method of Collection of Gum-resin

Crop Management

Varieties of Asafoetida

Types/Varieties of Asafoetida of Commerce

Quality Evaluation

Composition

Processed Products

Oil of Asafoetida

Oil of Galabanum

Compounded Asafoetida Powder and Tablets: A Simple CFTRI Process

As Food Flavourant

In Medicine

Calamus or Sweet Flag

Indian Names

Description and Distribution

Crop Management

Climate and Soil Requirements

Preparation of Land

Planting Method

Planting Time

Irrigation

Weeding

Manuring

Harvesting

Yield

Plant Protection

Post-Harvest Technology

Preparation for the Market

Adulteration

Composition

Processed Products

Volatile Oil

In Medicine

In Perfumery

As an Insecticide

In Foods Beverages and Liquors

43. GALANGAL

Description and Distribution

Economic Importance

Crop Management

Varieties/Races of Galangal

Planting

Plant Protection

Application of Manures/Fertilizers

Harvesting

Yield

Post-Harvest Technology

Composition

Volatile Oil

Oleoresin Content

Galangal Rhizomes

Galangal Oil

Galangal Oleoresin

Horse-Radish

Description and Distribution

Crop Management

Post-Harvest Processing Technology

Volatile Oil

Composition of Horse-radish

Adulteration

As Condiment

Horse-Radish Cream, Sauce or Relish

In Medicine

Long Pepper or Pipli

Indian Names

Description and Distribution

Crop Management

Soil and Climate

Propagation

Manuring

Harvesting

Yield

Plant Protection

Post-Harvest Technology

Drying and Packaging.

Composition

Processed Products

Volatile Oil

As Food Flavourant

In Medicine

44. SAFFRON

Indian Names

Description and Distribution

Crop Management

Soil

Climate

Land Preparation and Planting

Manures and Fertilizers

Irrigation

Interculture

Crop Rotation

Effect of Plant Density on Flower, Yield and Corm Production

Variation in Floral Characteristics of Saffron in different Kashmir Locations

Harvesting or Picking of Flowers and obtaining Saffron

Yield

Cost of Cultivation of Saffron

Economic Viability of Saffron Cultivation

Pests and Diseases

Recent Studies on Crop Management of Saffron in Iran

Effect of Fertilizers (NPK)

Post-Harvest Technology

Sun-Drying of Saffron in Kashmir

Effect of Different Processing (Different Drying and Dehydration Techniques)

Composition

Adulteration

Packaging and Storage

Marketing

Processed Products

As Flavourant and Colourant for Foods

Medicinal Properties

45. VANILLA

Indian Names

Description and Distribution

Commercial Forms of Vanilla

General Characteristics of Vanilla Forms

Qualitative Classification of Vanilla Pods

Crop Management

Climate

Soil

Preparation of Land

Providing Supports (Posts) for Vines

Planting

Manuring

After-care

Flowering and Natural Pollination

Hand-pollination

Pod Development

Vanilla Production Plan by Tissue-Culture Technique

Vegetative Propagation of Vanilla

Yield

Plant Protection

Diseases

Post-Harvest Technology

Curing

Vanilla Bean Packing and Storage

Composition

Adulteration/Substitution

Processed Products

Vanilla Extracts/Essences

Vanilla Sugar

Vanilla Oleoresin

Vanilla powder, Vanilla absolute and Vanilla Tincture

As Food Flavourant and in Perfumery

Vanillin

46. Machinery & Equipments

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